



◀◀◀ Quinoa Salmon

Our salmon fillet is basted with a tangy bean and chilli paste, then baked in the oven without any oil or butter. It is served on a bed of super-healthy Quinoa salad 39.80

Pan-fried Salmon segments - cooked to perfection, and placed on a beautifully seasoned bed of spaghetti with capsicum and spring onions. 39.80

Salmon Noedels ▼▼



▲▲ Quinoa Salad

Green leaves are dressed with cucumber, oven-dried tomatoes, grilled capsicum, quinoa seeds, sliced toasted almonds, grilled mushrooms and fresh mango. Then seasoned with our house -dressing 25.80



Cheese-Coffee

Served hot or cold. A double shot of coffee, crowned with our home-crafted cream-cheese topping. Amazing!
16.80 hot 17.80 iced

Let's Chia-Chia

We revived the Chia seeds of this super-food and add honey, lemon and blackcurrant compote. Refreshing and incredibly healthy.
17.80 (iced)

Hibiscus Tea

This tea is made from the dried flowers of the Hibiscus plant. It is rich in vitamin C and antioxidants, and has a fruity, refreshing flavour.
15.80 (hot or iced)

Red Dragon

Red Dragon-fruit, banana, almond milk, and our imported vanilla ice-cream - crushed with ice. Fresh
• delicious • healthy
16.80

